
"Beth El E-NEWS"

10th Anniversary Edition

What's doing at Congregation Beth El the week starting:

March 12, 2010

26 Adar 5770

Vayakheil/Pekude, Shabbat Hachodesh

-----02/19/10

Our Beth El Family is Growing!

Joshua Ari Kolinsky

Grandson of **Stanley & Susan Strouch**

-----03/05/10

Come to Morning Minyan

Winter schedule: Monday - Friday at 7:30 AM, Sunday at 9:00 AM.

Our numbers are still down during the Winter months, especially on Tuesday, Wednesday, and Sunday mornings.

Come help out any day of the week, and start your day in a great way.

-----03/05/10

Are you interested in:

Scholarships for Camp Ramah?

Please contact Susan in the synagogue office, 203-374-5544, or CongBethEl@aol.com.

-----03/12/10

Children's Havdalah & Pajama Party

Brought to you by Beth El's Family Programming Committee

This Saturday, March 13 at 5:00 PM

Please bring the family and gather with us as Shabbat draws to a close.

This pajama Havdalah service will feature a short song-filled service dinner, story time and crafts.

\$5.00 per person, children 3 and under are free.

-----02/19/10

PASSOVER FOOD DRIVE

Our annual Passover Food Drive will begin on **Thursday, March 11 and run through Thursday, March 25.** Unfortunately, the need for food in our local community remains great. We are asking everyone to fill at least one shopping bag with non-perishable food items and bring it to the synagogue during this time period. We will then deliver all of the shopping bags to the Operation Hope food pantry in Fairfield. This is a wonderful way to donate all of the chametz in your homes, in preparation for Passover.

The items needed most are: Peanut butter and jelly, Canned tuna, Canned meats and stews, Canned spaghetti, Macaroni and cheese, Hot and cold cereals, Pancake mix and syrup, Fruit juices, Coffee, hot chocolate and sugar, Salad dressings, mayonnaise, mustard and ketchup, Toilet paper and laundry detergent.

-----03/05/10

Save the Date!

Beth El will honor Dara & Steve Robifker
at a gala dinner dance on Sunday, April 25 at 5:00 PM.
Please RSVP by April 5th.

Last call for journal ads!

If you would like to place an ad in the journal
honoring Dara and Steve, please contact the
Beth El office at 203-374-5544.

-----03/12/10

ISRAEL ADVOCACY TRAINING

This Sunday, March 14th at 10:00 AM

How do you respond in those "Uh Oh" moments?

- A friend casually comments that a disproportionate number of Palestinians died in the Gaza campaign compared to the number of Israeli casualties.
- A colleague at work comments that there would be no terrorism if there were no State of Israel.
- A campus lecture on Mid-East politics characterizes Israel as an illegitimate racist "entity" that contradicts history.

Join us Sunday morning, March 14 for an educational and participatory program that will give you the tools for successful advocacy. A professional trainer from the Jewish Council for Public Affairs will lead the program. This program is free of charge.

-----03/12/10

Do you love to sing?

Does music lift your spirit?

Beth El is forming a new multi-generational singing group for members ages 8-108!
This is a wonderful activity to do with your child or teen and a great way to bond with other musical congregants. The group will sing a variety of secular, religious, old and new music.
If you are interested in joining our group, please join us on Sunday, March 14 at 12:00 in the music room (in the school wing).

Rehearsals will be on Sundays at noon for about an hour.

If you have any questions and/or would like to RSVP, please call

Liz Krebs at 203-345-1600 or email

at krebs96@optonline.net. Light Lunch will be served.

-----03/05/10

Jack Halpern,
noted advocate for elders and their families will speak on
Forever Young:
A Guide To Quality Elder Care Services

Sunday, March 21 at 10:00 AM,
immediately following 9:00 AM morning minyan and light breakfast

If you have ever had questions on Elder Care for you or someone in your family, you MUST attend this important, FREE lecture:

Jack Halpern is a trusted advocate for elders and their families, assisting them with drafting blueprints for their futures helping individuals and families navigate the difficult and sometimes confusing pathways of elder care. As a result, elders and their families have peace of mind knowing plans of action have been designed to help them maintain control, preserve their dignity, and protect their independence, finances, property, and rights.

Mr. Halpern holds a Masters of Professional Studies Degree with a major in Long Term Care Administration from C.W. Post College in Greenvale, Long Island. He is a Licensed Nursing Home Administrator in both New York and New Jersey. His seminars on Elder Care and Abuse are widely attended by both consumers and professionals. He has also appeared as an expert witness on Court TV, and as a commentator on the cable television network.

Please help us plan. RSVP to CongBethEI@AOL.com or call 203-374-5544.

-----03/05/10

American Red Cross Blood Drive at Congregation Beth El

Monday, March 22 from 1:00 - 6:30 PM

Help our entire community by making sure that the blood supply does not dwindle. Please call 1-800-GIVE LIFE to make an appointment.
Give the ultimate gift, the gift of life.

-----01/22/10

The U.S. Census Bureau

is now hiring nationwide for the 2010 Census. These temporary, part-time jobs offer good pay, flexible evening and weekend hours up to 40 hours a week, and the chance to work near home. Workers are needed in almost every community. Call 1-866-861-2010 or visit www.2010censusjobs.gov to learn more. That number again is 1-866-861-2010.

Fri: 03/12

07:30 AM **Morning Minyan,
Rosh Chodesh D'var Torah, Judy Greenberg
Hot Breakfast**

05:38 PM Candle Lighting

06:00 PM [Kabbalat Shabbat Services at Beth El](#)

Sat: 03/13

10:00 AM **Shabbat services, Vayakheil/Pekude,
Celebrate the birthday of Mike Hirsch**

05:00 PM [Children's Pajama Havdalah](#)

Sun: 03/14

02:00 AM Move Clocks Forward

09:00 AM Morning Minyan

09:30 AM **Religious School**

10:00 AM [ISRAEL ADVOCACY TRAINING](#)

12:00 PM [Singing Group Rehearsal](#)

Mon: 03/15

07:30 AM Morning Minyan

Tue: 03/16

07:30 AM Morning Minyan, **Rosh Chodesh, Nisan**
followed by
Rabbi Satlow's Class on Heschel
04:00 PM **Religious School**

Wed: 03/17

07:30 AM Morning Minyan

Thur: 03/18

07:30 AM Morning Minyan
04:00 PM **Religious School**

Upcoming Events

03/21 Sun 10:00 AM Speaker: **Jack Halpern Forever Young:
A Guide To Quality Elder Care Services**
03/22 Mon **1 - 6:30 PM, Red Cross Blood Drive**

**Deadline for information to be included in the "E-NEWS" is
Thursday, 10 AM**

For further information, call the office at 203-374-5544 or link to our website at:
<http://www.congbethel.net>

Shabbat Shalom

To receive "Beth EI E-NEWS," please give your e-mail address to the office.

NOTE: All requests to include items in the Beth EI "E-NEWS" should be submitted directly to the synagogue office at CongBethEI@aol.com. Thank you.